

Diabetes SOLUTIONS

A PATIENT-CENTERED APPROACH TO HEALTH, HEALING, AND THRIVING

One-on-one Coaching via Telehealth

Diabetes Solutions provides one-on-one coaching and support services to help you reach your health goals and thrive.

We are an accredited program and our team of coaches and diabetes experts are eager to work with you!

Cost

There is minimal to no out-of-pocket cost to participate, as our services are covered by some insurance providers and/or grant funding.

The Impact of Diabetes in Mississippi

Diabetes is a prevalent and costly health concern in Mississippi, mirroring the national trend.

PROGRAM REQUIREMENTS

- ✓ A diagnosis of diabetes or prediabetes
- ✓ Ready and willing to learn and make changes
- ✓ A positive attitude
- ✓ Access to a phone, FaceTime, or Zoom

If you are interested in enrolling or learning more, please visit

msdiabetesnetwork.com/diabetes-solutions/ or scan the QR code.



Our Founding Members

JAMES C. KENNEDY
Wellness Center



THE NATIONAL DIABETES
& OBESITY RESEARCH INSTITUTE
AT TRADITION

BAPTIST



To learn more about the Network visit our website or scan the QR code.
msdiabetesnetwork.com

KEY PERSONNEL

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MISSISSIPPI
DIABETES
NETWORK



MISSISSIPPI
DIABETES
NETWORK

A United Force
Against Diabetes.



We are dedicated to improving diabetes care and health outcomes.

Whether you have diabetes, are a healthcare provider treating diabetes, or simply want to improve your health, our services and resources are designed for you.



msdiabetesnetwork.com



MISSISSIPPI DIABETES NETWORK

Our Mission

The Network's mission is to empower individuals with diabetes, healthcare professionals, and the community with the knowledge, services, and resources needed to manage diabetes effectively and improve overall health.

Our Vision

The Network's vision is to be a premier force in Mississippi for improving access to high-quality care, resources, and related services for all people with diabetes and prediabetes and to equip healthcare providers to provide the best diabetes care to patients.

Services & Resources

FOR INDIVIDUALS

- ✓ Downloadable PDFs
- ✓ Comprehensive Video Library
- ✓ FLEX Exercise App
- ✓ Advanced Hormone Testing (DUTCH)
- ✓ Diabetes Solutions Coaching
- ✓ Health and Nutrition Coaching
- ✓ Self-Paced Online Courses
- ✓ Worksite/Community Health Screenings

FOR HEALTHCARE PROVIDERS

- ✓ Access to Patient Education Materials
- ✓ Diabetes Solutions Referral Network
- ✓ Resources for DM management
- ✓ Continuing Medical Education (CME)
- ✓ Pertinent Diabetes News
- ✓ Timely and Key Publications

Explore our Services & Resources

Our services and resources provide you with valuable information and helpful tools to improve your health, increase your energy, and feel your best.



Fuel Your Health

Take control of your nutrition and take the first step towards a healthier, happier you!



Fitness for Everyone

Access our FLEX app to discover workouts that match your fitness level. The app provides 24/7 access to an array of options for \$9.99/month.



Video Library

Access curated videos guiding you through diabetes management, fitness and maintaining a healthy lifestyle.



Take Control

Learn to better manage or prevent diabetes with an assortment of tools and resources.



Women's Health

Learn more about women's hormones and health topics across the lifespan to ensure optimal longevity.



Hormone Testing & Balance

We offer comprehensive hormone testing using the DUTCH test and will use results to develop the perfect plan of action for you.

Supporting healthcare providers to achieve better patient outcomes.

Our services and resources deliver proven outcomes.



Reduction in
blood sugar & A1C



Increased
quality of life



Increased energy
& vitality



Improved emotional
well-being



Improved blood
pressure & cholesterol



Improved
sleep



Optimal gut
health & digestion



Reduces healthcare
expenditures



Reduced risk of
complications

FREE COMMUNITY HEALTH SCREENINGS

Over half of Mississippians are at risk for diabetes and high blood pressure. Our screenings can help you understand your risk for developing these conditions and take steps towards proactive decision-making and improved health. We also provide resources to support you in your health journey.

If your workplace, church, or community organization is interested in scheduling a screening, please call our Network Director. Her contact information is on the back of this brochure.



Churches



Workplaces



Community Events



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